



CT Coronary Angiograms (CTA) with Contrast

Patient Instructions

Any issues receiving x-ray dye/contrast?

No caffeine or Tobacco 6 hours prior

No smoking or vaping for 6 hours prior

Patient should be very well hydrated.

No solid food for 4 hours prior, soup is okay.

Patient should arrive 15 minutes prior to appointment
to allow time for check in.

- **MUST** have BUN/CREAT labs within 6 weeks of scheduled test IF DIABETIC
- If patient is >60 years' old on hypertension medication has kidney issues.
- **Metformin** medication (if taken) should be held the day of testing and 48 hours AFTER testing.

If your test is a CT coronary or heart angiogram, your doctor may order a medication, called a beta-blocker, to take orally the night before and the morning of your test. If your test is in the afternoon, take the beta blocker mid to late morning.

If you request or your insurance requires you to have testing at another facility, we would be happy to help arrange this test at your preferred provider's location.

It is important that you arrive in a timely fashion and prepared for your test. Tardiness may result in rescheduling so that other patients are not inconvenienced.

It is important that you arrive in a timely fashion and prepared for your test. Tardiness may result in rescheduling so that other patients are not inconvenienced.

Anchorage Office & Imaging
(907) 561-3211
3841 Piper Street
Suite T-100
Anchorage, AK 99508

alaskaheart.com